

Eco-Friendly Tips for Preparing Your Home for Fall

As summer transitions to fall, creating a welcoming home environment for the colder months ahead is essential. With growing concerns about our planet, it's critical to make such preparations in eco-friendly ways.

Ready to get started? Here are several tips to ensure your home's comfort and support the environment this fall and beyond:

1. Focus on Energy Efficiency

Heating your home and spending more time indoors often results in higher energy bills. To save money and reduce your carbon footprint, take these steps:

- **Prepare Your Heating System:** Schedule an inspection and cleaning of your heating system to ensure it operates efficiently. Dust and vacuum around vents and radiators to maintain good airflow and enhance performance.
- **Optimize Insulation:** Check for signs of poor insulation, such as condensation on windows or inconsistent room temperatures. Proper insulation reduces the need for excessive heating, saving energy and lowering heating expenses.
- **Seal Drafts:** Inspect for gaps around windows and doors and seal them with weatherstripping or caulking to keep warm air inside.

2. Prioritize Indoor Air Quality

With windows and doors shut to keep warm, there is often less fresh airflow and a higher concentration of allergens inside your home. However, you can improve indoor air quality with these strategies:

- **Use Air Purifiers** - Air purifiers with HEPA filters can remove allergens from your home's air. They are a better choice than chemical air fresheners, which can contribute to indoor and outdoor air pollution.
- **Decorate with Houseplants** - Spider plants and peace lilies are low-maintenance houseplant options that can increase oxygen levels indoors and remove toxins from the air.

- **Clean Window Screens** -.Regularly cleaning window screens decreases the amount of contaminants that can enter your home and allows for better airflow.

3. Adopt Eco-Friendly Cleaning Practices

Thinking your home needs a deep cleaning to be ready for the new season? Consider adopting eco-friendly cleaning practices to refresh your approach:

- **Focus on Water Conservation:** Use cleaning tools that require less water, such as microfiber mops instead of cotton or sponge mops. For cleaning tasks that need a lot of water, such as washing windows, consider collecting rainwater beforehand.
- **Purchase Reusable Cleaning Supplies:** Replace paper towels and single-use dusters with microfiber cloths and reusable options like a feather duster or microfiber duster to reduce waste, for example.
- **Use Eco-Friendly Cleaning Products:** Opt for cleaning solutions made from ingredients like vinegar, baking soda, and essential oils. These are less harmful to people and the environment compared to chemical cleaners.

4. Sort and Store Mindfully

Right before a change in season is a common time to purge and rethink one's space. Make the most out of this transitional period by taking these steps:

- **Organize for Cooler Weather:** Sort through summer items and recycle or donate what you will no longer use in the future. This approach helps reduce waste while keeping your home in order.
- **Implement Eco-Friendly Storage Options:** Use bins made from recycled materials or sustainable fibers. This eco-friendly practice assists in cutting down how much plastic waste ends up in landfills and oceans.

- **Consider Multi-Functional Storage Solutions:** Multi-functional storage solutions are excellent for saving space and money while reducing material consumption.

By implementing these eco-friendly tips, you'll successfully prepare your home for the upcoming season while doing your part for the planet. Take the first step toward becoming more eco-friendly today - enter your zip code to find your store on our website and then request a [free cleaning quote from our green cleaning team!](#)